Office of Licensing

Systemic Risk Assessment – SAMPLES

Disclaimer – This document is for educational purposes only. The samples were created to help guide a provider in creating a systemic risk assessment for its organization. Providers are encouraged to reference the <u>Guidance for Risk Management</u> for additional information.

A risk assessment is a careful examination of what the provider identifies as internal and external factors or situations that could cause harm to individuals served or that could negatively impact the organization. The risk assessment should lead to a better understanding of actual or potential risks and how best to minimize those risks. Systemic risk assessments vary depending on numerous factors such as an organization's size, population served, location, or business model.

12VAC35-105-520.C.The provider shall conduct systemic risk assessment reviews at least annually to identify and respond to practices, situations, and policies that could result in the risk of harm to individuals receiving services. The risk assessment review shall address at least the following: 1.The environment of care; 2. Clinical assessment or reassessment processes; 3. Staff competence and adequacy of staffing; 4. Use of high risk procedures, including seclusion and restraint; and 5. A review of serious incidents.

12VAC35-105-520.D.The systemic risk assessment review process shall incorporate uniform risk triggers and thresholds as defined by the department.

The Department of Behavioral Health and Developmental Services (DBHDS) defined risk triggers and thresholds as care concerns through review of serious incident reporting conducted by the Incident Management Unit.

Below are the list of individual care concern thresholds (Revised as of 10-4-2021):

Multiple (two or more) unplanned hospital visits for a serious incident including: falls, choking, urinary tract infection, aspiration pneumonia, dehydration, or seizures within a ninety (90) day time-frame for any reason; and

Any incidents of a decubitus ulcer diagnosed by a medical professional, an increase in the severity level of a previously diagnosed decubitus ulcer, or a diagnosis of a bowel obstruction diagnosed by a medical professional.

SAMPLE 1 – Non-Residential Provider Risk Assessment

Date completed ______ (12VAC35-105-520.C requires at least annually) Completed by _____

This sample document does <u>not</u> include all risks that an organization may review. This specific assessment is not required. It is presented as a sample template that may be expanded or otherwise adapted to the needs of an organization. The **green** highlights signify the categories as required in regulation 12VAC35-105-520.C.1-5 and 12VAC35-105-520.D. The risks listed under each category are examples. Each organization should include risks specific to their size, individuals served, location and business model.

As noted in the <u>Guidance for Risk Management</u> the annual risk assessment review is a necessary component of a provider's risk management plan. Upon completion of the risk assessment, the provider would consider next steps:

- Assign recommendations to appropriate staff members, departments and/or committees
- Determine what recommendations to include in the risk management plan
- Determine how to monitor risk reduction strategies for effectiveness
- Continue to conduct systemic risk assessment reviews as needed

| Environment of Care | Findings | Recommendation(s) | Add to Risk Management (RM) Plan (Yes/No/NA) | Comments |
|---|--|--|---|--|
| Emergency egress | Building exits had boxes/trash | Staff training recommended | No | Assigned to Human Resources |
| Condition of electrical cords, outlets and electrical equipment | No issues identified | None at this time | NA | |
| Environmental design, structure, furnishing and lighting appropriate for population and services | Lobby looks dated; seating arrangements could present risks; some areas not ADA compliant | Further study on how environment could be more welcoming to clients and distance seating arranged in the lobby | Yes | Risk manager to add to risk management plan |
| Ventilation | Age of building presents risks | Contract with consultant to evaluate | Yes | Assigned to building manager to request bids |

| Clinical Assessment or Reassessment Process | Findings | Recommendation(s) | Add to Risk Management (RM) Plan (Yes/No/NA) | Comments |
|--|-----------------------------------|---------------------------------|---|----------|
| Admission assessments include risk of harm to self or others | Process implemented per policy | No recommendations at this time | No | NA |

| Staff Competency and Adequacy of Staffing | Findings | Recommendation(s) | Add to Risk Management (RM) Plan (Yes/No/NA) | Comments |
|--|---|--|---|---|
| Staff trained according to job functions | Annual fire safety training was not documented for some employees | Fire drills to be conducted involving all staff | Yes | Assigned to Safety Officer |
| Staff turnover | Employee burnout due to pandemic resulted in increased turnover | Increase recruitment efforts through different advertising avenues | Yes | Assigned to Human Resources |
| Security | Building security procedures are not being followed | Survey staff regarding safety/security concerns | Yes | Assigned to Human Resources and Safety Officer |

| Use of high risk procedures, including seclusion and restraint | Findings | Recommendation(s) | Add to Risk Management (RM) Plan (Yes/No/NA) | Comments |
|--|--|--|---|--|
| High risk medications are administered in outpatient clinic | Documentation of quarterly review of medication errors was not present | Nursing manager to report quarterly to Quality Improvement Committee on medication errors | Yes | Quality Improvement Committee will monitor and determine need for establishing any quality improvement initiatives to address medication errors |
| Security of high risk medications | Security processes followed | None at this time | No | |
| | | , | | |

| Review of Serious Incidents | Findings | Recommendation(s) | Add to Risk Management (RM) Plan (Yes/No/NA) | Comments |
|---|--|--|---|---|
| Review of serious incidents | Serious incidents were reviewed per policy and regulatory requirements | More analysis of serious incidents to determine if there are identified trends and/or systemic issues | Yes | Nursing Director and Risk Manager to conduct trend analysis and report to Risk Management Committee |
| Serious injury to employees, contractors, volunteers and visitors | Review of incidents indicate increase in incidents involving visitors and contractors | Further analysis regarding need for more safety procedures/signage | No | Risk Manager to present to leadership |

| Risk Triggers and Thresholds | Findings | Recommendation(s) | Add to Risk Management (RM) Plan (Yes/No/NA) | Comments |
|---------------------------------|------------------------------|---------------------|---|---|
| Process is in place to monitor | No thresholds for individual | Continue to monitor | Yes | Nursing Director will continue to monitor |
| for individual care concerns | care concerns were | | | care concerns by running CHRIS report on |
| | identified | | | basis. |
| | | | | |

| Adherence to Standards and Regulatory Requirements | Findings | Recommendation(s) | Add to Risk Management Plan (Yes/No/NA) | Comments |
|--|------------------------------------|---------------------------------|--|---|
| Uniform Statewide Building Code | Elevator inspection is out of date | Immediate inspection | No | Safety Director to schedule; report to Risk Management Committee |
| CARF Accreditation | Provisional accreditation | Need to address survey findings | Yes | Risk Manager working with Quality Improvement Manager to address Corrective Action Plan |

Sample 2 – Provider of 4 Bed Group Home

In this sample, the provider conducted a systemic risk assessment using a risk matrix for scoring.



When creating a risk matrix, the provider could look at the likelihood of something happening and how serious is the risk. For example, something that is very likely to occur and the impact would be moderate could result in a score of 3 - "unacceptable risk" and could be addressed immediately.

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Date completed ______ (12VAC35-105-520.C requires at least annually) Completed by ______

| Environment of Care | Findings | Risk Score | Recommendations | Comments / Action | Date |
|--|-----------------------------|---------------|---|--|-----------|
| Floors clean and free of tripping hazards | Cracked bathroom tile floor | 3 | Replace cracked tile | Work completed | 12/4/2020 |
| Recycling, composting and garbage do not create nuisance, permit disease transmission or breed insects/rodents | No issues identified | 1 | No recommendations at this time. | NA | |
| Exhaust ducts/fans free from dust | Fans dusty | 1 | Recommend adding to program manager's environmental checklist | Report to Risk Management Committee on compliance | |

| Clinical assessment or | Findings | Risk | Recommendations | Comments / Actions | Date |
|-------------------------------|------------------------------------|-------|--------------------------|-------------------------------|------|
| reassessment process | | Score | | | |
| Assessments/reassess | Processes are in place but several | 3 | More frequent monitoring | Quarterly audit reports to be | |
| ment process | Individual Support Plans were not | | | shared with leadership | |
| | updated following change in status | | | | |
| | apaatoa renorming onango in otatao | | | | |

| Staff Competence and Adequacy of Staffing | Findings | Risk Score | Recommendations | Comments / Actions | Date |
|--|---|---------------|--|---|---------------------------------------|
| Employee CPR Certification | One employee had expired CPR certifications | 2 | Recertification to be completed immediately | Assigned to program manager; Human Resources to monitor completion and report to Risk Management Committee. Establish monitoring system to ensure compliance | Reported to Committee 2/10/2021 |
| Staffing | Overtime increased dramatically over past year | 3 | Human Resources and Program Managers to further study and make recommendations to Leadership | Add to Risk Management Plan as a goal to reduce overtime | |

| Use of High Risk Procedures, Including Seclusion and Restraint | Findings | Risk Score | Recommendations | Comments / Actions | Date |
|---|--|---------------|---|---|------|
| Transfer of individuals needing assistance | Level II serious incident occurred during transfer using a lift; Root Cause Analysis conducted | 3 | Program Manager to conduct competency check with all staff | Report to Leadership when competency check is complete. | |
| Transportation of individuals in wheelchair van | No incidents | 2 | Conduct spot checks to ensure safety protocols are followed | Program Manager to report quarterly on spot checks | |
| | | | | | |

| Review of Serious Incidents | Findings | Risk Score | Recommendations | Comments / Actions | Date |
|--------------------------------|--|------------|--|--|------|
| Serious incidents review | Reviews are conducted per policy. Slight increase in incidents involving elopement over the past year. | 3 | Program Manager and Risk Manager to review findings of root cause analysis and ensure recommendations have been effective in mitigating risks related to elopement. | Add efforts to mitigate risks to Risk Management Plan | |
| | | | | | |

| Risk Triggers and Thresholds | Findings | Risk Score | Recommendations | Comments / Actions | Date |
|---|---|------------|---------------------------------------|---------------------|------|
| Process in place to monitor care concerns | Individual care concerns involving decubitus ulcers have been addressed through a quality improvement initiative and performance objective added to the quality improvement plan | 3 | Continue to monitor all care concerns | Assigned to Nursing | |

| Adherence to Regulatory Requirements | Findings | Risk Score | Recommendations | Comments / Actions | Date |
|---|---|------------|--|--|------|
| LEIE (List of Excluded Individuals/Entities) | Documentation not present for DMAS Quality Management Review | 3 | Human Resources to establish system per Corrective Action Plan | Report quarterly to Risk Management Committee | |

| Financial risks | Vehicular liability insurance | 2 | Research other | Assigned to Executive Officer | |
|-----------------|-------------------------------|---|----------------|-------------------------------|--|
| | increasing | | insurance | | |
| | | | companies/rate | | |

| Emergency Preparedness | Findings | Risk Score | Recommendations | Comments / Actions | Date |
|---------------------------|-------------------------------|------------|----------------------|--------------------------|------|
| History of being | Emergency preparedness drills | 2 | Continue to review | Assigned to Risk Manager | |
| adversely affected by | completed per policy | | emergency management | | |
| hurricanes | | | plan | | |

In this sample, the provider may choose to prioritize all items that scored a 3 or above and include in risk management or quality improvement plan.

Upon completing the risk assessment, the provider would consider next steps such as:

- Assign recommendations to appropriate staff members, departments and/or committees
- Determine what recommendations to include in the risk management plan
- Determine how to monitor risk reduction strategies for effectiveness
- Continue to conduct systemic risk assessment reviews as needed

Sample 3 – Intensive In-home Service Provider

In this sample, an intensive in-home service provider conducts a systemic risk assessment using a checklist. The environment of care section would be different given that services are provided at a location that is not under the direct control of the provider, such as at an individual's own home.

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Upon completing the risk assessment, the provider would consider next steps such as:

• Assign recommendations to appropriate staff members, departments and/or committees

- Determine what recommendations to include in the risk management plan
- Determine how to monitor risk reduction strategies for effectiveness
- Continue to conduct systemic risk assessment reviews as needed

Risk Assessment Checklist

Date completed (12VAC35-105-520.C requires at least annually) _____ Co

Completed by ____

| Yes | No | Business Risks | Actions if "No" |
|-----|----|---|-----------------|
| | | Financial audits occur per policy | |
| | | Industry standards are in place for protection against cyber threats | |
| Yes | No | Environment of Care | Actions if "No" |
| | | Staff providing in-home services have personal protective equipment (PPE) | |
| | | Infection control processes are followed | |
| Yes | No | Staff Competence and Adequacy of Staffing | Actions if "No" |
| | | Employees meet the minimum employment qualifications to perform their duties | |
| | | All employees have undergone background checks prior to starting work | |
| | | All employees have abuse and neglect training within 15 days of hire and annually (within 365 days) | |
| | | All staff who are performing duties that require professional licensure or certification have current licenses or certification on file | |
| Yes | No | Clinical Assessment or Reassessment Process | Actions if "No" |
| | | Review of clinical assessments included risk of harm to self or others | |
| Yes | No | Use of High Risk Procedures, including Seclusion and Restraint | |
| | | All employees are trained in behavior intervention techniques | |
| | | Employees required to administer high risk medication have documented training | |
| Yes | No | Review of Serious Incidents | Actions if "No" |
| | | All serious Incidents are reviewed per policy | |
| | | Root cause analysis completed per policy | |
| | | | |

| Yes | No | Risk Triggers and Thresholds | Actions if "No" |
|-----|----|---|-----------------|
| | | Reports are run in CHRIS to determine if any individual care concern thresholds have been met. If any have been met, were efforts made to address. | |

Upon completion of the risk assessment checklist, the provider's leadership discusses the findings and prioritizes risk mitigation efforts for those items that present the greatest threat. The provider also conducts another risk assessment three months later in response to changing situations.

Sample 4 – Medication Assistance Service

In this sample, a methadone clinic conducts a systemic risk assessment. This sample document does <u>not</u> include all risks that an organization may review. This specific assessment is not required. It is presented as a sample template that may be expanded or otherwise adapted to the needs of an organization. The green highlights signify the categories as required in regulation 12VAC35-105-520.C.1-5 and 12VAC35-105-520.D. The risks listed under each category are examples. Each organization should include risks specific to their size, individuals served, location and business model.

In this example, the provider reviewed the previous year's risk assessment to determine what identified risks had not been addressed, where risk mitigation efforts had not been implemented and to ensure that the systemic risk assessment is completed at least annually.

| Environment of Care | Findings | Recommendation | Staff Assigned |
|-----------------------------|--|------------------------------|-------------------|
| Chemicals/cleaning supplies | Chemicals were identified without labels and no Material | Review of all chemicals | Risk Manager |
| | Safety Data Sheets (MSDS) available. | and update MSDS | |
| Traffic safety | Concerns regarding traffic flow and impact on | Leadership to meet with | Executive Officer |
| | neighborhood traffic | neighborhood | |
| | | representatives; add to | |
| | | Risk Management Plan | |
| | | with steps to mitigate risks | |
| Outdoor lighting | Employee surveys report concerns about outdoor lighting | Add to safety inspection | Risk Manager |
| | during early morning | checklist to ensure regular | |
| | | monitoring | |

| Clinical assessment or reassessment process | Findings | Recommendation | Staff Assigned |
|---|-----------------------|----------------------------|------------------|
| Face to face counseling session at least every two weeks for first year of treatment. | Documentation present | Monthly audits to continue | Program Director |

| Duplication of opiod medication | Policy for contacting services within 50 miles radius before | Monthly audits to continue | Program Director |
|--|--|-----------------------------|------------------|
| services | admitting has been followed and documentation present. | | |
| Documentation of individual's level of | Monthly record reviews were not consistently completed | Add to RM plan as goal and | Program Director |
| lifestyle ability prior to dispensing | | report quarterly to Quality | - |
| take-home medication | | Improvement Committee | |
| | | | |

| Staff competence and adequacy of staffing | Findings | Recommendation | Staff Assigned |
|---|--|---|---------------------------------------|
| Background checks on employees | Documentation was not present in employee files | Human Resources to review procedures for documentation and implement quality assurance audits | Human Resources Director |
| Emergency Preparedness Training | Training for employees regarding emergency or natural disasters needs to be reviewed and revised | Update training to include lessons learned from pandemic | Safety Officer and Human Resources |

| of methadone which complies with | plan has not been reviewed in over a year. | Review and revise plan as | Risk Management |
|---|--|----------------------------------|------------------|
| Drug Enforcement Agency and Virginia Board of Pharmacy | | determined necessary | Committee |
| Security of opioid agonist medication Turnov supplies | er in staff has resulted in some security lapses | Training refresher for all staff | Program Director |

| Review of serious incidents | Findings | Recommendation | Staff Assigned |
|---------------------------------|---|--|-------------------------------------|
| Review of all serious incidents | Review of incidents occurred per policy; trend identified of slight increase over the past two years of incidents involving verbal threats to employees | Conduct employee survey regarding employee safety concerns | Human Resources and Risk Manager |
| | | | |

| Risk Triggers and Thresholds | Findings | Recommendation | Staff Assigned |
|--------------------------------------|--|---------------------|------------------|
| Process is in place to monitor for | No individual care concerns identified | Continue to monitor | Nursing Director |
| individual care concerns and respond | | | |
| as necessary | | | |

| Business Risks | Findings | Recommendation | Staff Assigned |
|----------------|----------|----------------|----------------|

| Public relations | Concerns from community were shared with leadership | Executive leadership to meet with community leaders to address | Executive Officer |
|---------------------------|--|--|-------------------|
| Electronic health records | Clinic has cybersecurity system to protect confidential health information from being compromised and/or manipulated | None at this Time | IT Manager |

Upon completing the risk assessment, the provider would consider next steps such as:

- Assign recommendations to appropriate staff members, departments and/or committees
- Determine what recommendations to include in the risk management plan
- Determine how to monitor risk reduction strategies for effectiveness
- Continue to conduct systemic risk assessment reviews as needed

Date completed (12VAC35-105-520.C requires at least annually)

Completed by _____