

**CATAWBA HOSPITAL
CATAWBA, VIRGINIA**

MINUTES

COMMITTEE NAME: Local Human Rights Committee

MEETING DATE: October 12, 2011 **MEETING TIME:** 3:00 PM

PLACE: Building 24 - Lobby

MEMBERS PRESENT: Dianna Parrish, Chairperson; Will Childers; Millie Rhodes; JoAnn Patterson; Valarie Robinson

MEMBERS ABSENT: Bo Miller

OHR STAFF PRESENT: Nan Neese, Human Rights Advocate

CH STAFF PRESENT: Walton Mitchell, III, Facility Director

LGH STAFF PRESENT: Leigh Frazier, Director Lewis Gale Center for Behavioral Health - Salem
Mary Lavery-Fisher, Director Lewis Gale Center for Behavioral Health - Alleghany

CHS STAFF PRESENT: Mala Thomas, Director of Behavioral Health; Gary Kirby, Vice-President

GUESTS: None

MEETING AGENDA – MAIN POINTS DISCUSSED:

1. **Welcome and Introductions** - The meeting was called to order.
2. **Review of Minutes:** The minutes of the following meetings were approved:
July 20, 2011; August 11, 2011; September 1, 2011
3. **Advocate's Report (Nan Neese):** Nan Neese discussed the following:
 - a. State Human Rights Committee's new formats for Provider Reports and our need to report the LHRC's activities under Section 250.
 - b. Automated Reporting System (CHRIS) update.
 - c. Consideration for redistributing this Region's assignments.
 - d. The Office of Human Rights' efforts to establish consistency in reporting including Neglect (peer/peer) reporting.

Review Date: No further review

4. **Catawba Hospital Reports (Walton Mitchell, III):**
 - a. **Admissions and Discharges:** Admissions and discharges increased slightly during the July-September quarter. There were 5 adult readmissions in July, 4 of which were contributed to 2 patients. For the months of August and September, there were 2 adult readmissions. There was one geriatric readmission in July and one in September.
 - b. **Restraint Usage:** Behavioral restraints remained high in July due to one very aggressive patient who accounted for over 105 of 113.5 hours. In August, these numbers dropped dramatically. Protective restraints (excluding enclosure beds) ranged in use from 5 to 8 patients, with corresponding hours. Enclosure bed use continues to decrease, only needed for 2-3 patients for the quarter. As always, least restrictive measures are pursued prior to using the enclosure beds and the level of treatment is reviewed weekly by physical therapy and the physician to see if the patient's falls risk has decreased.

- c. Complaints/Serious Injury/Deaths: There were a total of 9 complaints handled through the informal process, 3 from one individual. All complaints have been resolved in a manner acceptable to the individuals involved. There were no complaints managed in the formal process during the reporting period.
- d. Other Business: The patient that was the subject of the August 11, 2011 Special Meeting has been discharged. No further updates will be provided.

Review Date: No further review

5. Lewis-Gale Center for Behavioral Health Reports (Leigh Frazier):

- a. Admission & Discharges: Adult admissions were lower in July but rose slightly during August and September, while child and adolescent admissions dropped dramatically, having only 1 admission during the months of August and September. Readmissions continue to be an issue with small percentage of the population, usually occurring within 3-4 days.
- b. Restraint Usage: There were 5 restraint events in during the quarter, 3 of which were in August and none were lengthy in time.
- c. Complaints/Serious Injury/Deaths: There were 11 complaints during the quarter, all handled through the informal process, and have been closed with no violations found. Ten patients were sent to the Emergency Department due to illness during the quarter with 4 treated and returned to Behavioral Health and 4 were admitted medically and then returned to Behavioral Health and 2 were admitted medically and returned home. There were no injuries or deaths during the quarter. Mrs. Frazier responded to members' questions about a peer to peer report.
- d. Other Business: Policy #302/Psychiatric emergencies was reviewed and revised. The changes were made to add resources for staff and to define roles in emergent situations. No changes were made to the sections that involve regulatory entities.

Review Date: No further review

6. Carilion Behavioral Health (Mala Thomas):

- a. Admission & Discharges: The numbers from the previous quarter have been corrected and admissions and discharges on all units remains steady. Readmissions have declined somewhat.
- b. Restraint Usage: There were no restraints in July. One adult patient was restrained in August and 2 patients from the child/adolescent unit. There were also 2 child/adolescent patients responsible for 4 episodes of restraint on September.
- c. Complaints/Serious Injury/Deaths: There were 18 complaints addressed through the informal process and 2 formal complaints during the quarter. Nine patients were referred to the Emergency Department for treatment, 5 of whom were admitted medically, while the others were returned to the Unit. There were 2 minor injuries and one serious injury, which resulted in a fracture of the tibia/fibula requiring surgery. One patient died following discharge.
- d. Other Business: None.

Review Date: No further review

- 7. **Alleghany Regional Geriatric Behavioral Health (Mary Lavery-Fisher):** The first patients arrived on September 14, 2011. The census is currently up to 7 patients, with a capacity of 15, and have already had the first readmission. The population is psychiatric patients 65 and older, or patients between the ages of 55-64 who have geriatric characteristics.

- 8. **Next Meeting:** January 11, 2012

Dianna Parrish, Chairperson